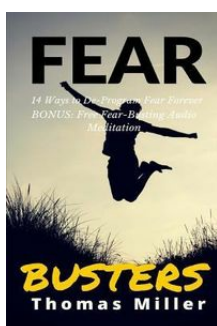


FEAR BUSTERS: 14 WAYS TO KICK FEAR TO THE CURB

Studies indicate that 74% of the population is afraid of public speaking and 68% fear dying. Certainly fear is an emotion that many struggle to overcome. The paradox of life is that what we fear, we eventually magnetize straight into our lives. What we don't understand is that fear is often a pre-programmed response that roots back to...



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Reader's Opinions

Re-programming fear is not a drive-thru process. It takes time. Repetition. OK, I'm going to say it. It takes WORK. Texas born Thomas Miller is a Man of the Hour- one of those individuals who has stepped out of routine and tested and succeeded as a broadcaster, businessman, writer, speaker, adventure tour leader and now is dwelling literally...