# LOVE IS A MIX TAPE: LIFE AND LOSS, ONE SONG AT A TIME

Mix tapes: We all have our favorites. Stick one into a deck, press play, and you're instantly transported to another time in your life. For Rob Sheffield, that time was one of miraculous love and unbearable grief. A time that spanned seven...



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## Love Is a Mix Tape: Life and Loss, One Song at a Time

Author	Rob Sheffield
Original Book Format	Paperback
Number of Pages	219 pages
Filetype	PDF / ePUB / Mobi (Kindle)
Filesize	5.35 MB

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### **Peek Inside the Book**

Tonight, I feel like my whole body is made out of memories. I'm a mix-tape, a cassette that's been rewound so many times you can hear the fingerprints smudged on the tape. Rob Sheffield, Love Is a Mix Tape

### **Reader's Opinions**

Holy Smokes . . . if you've never had a heartbreak where a CD / tape / or album didn't get you through, then this book isn't your calling . . .Yet, have you ever lost one you've loved and that damn tune makes you shutter when you believe you've...

This is the kind of memoir I'd like to have written (albeit without the deceased wife). I've had a few conversations with friends in the last year or so about the long-lost art of the mix tape, which has been delivered a death-blow by the digital age. Burning a CD mix just isn't the same; for one, it doesn't take nearly as long to make...